

No Place for Hate® Best Practices

- Have an **anti-bias book club** focused on age-appropriate books that address appreciating differences in culture, ethnicity, religion, gender, abilities, etc. Discuss the positive messages in the books. Visit www.adl.org/bibliography for a list of anti-bias books recommended by the ADL.
- Perform **anti-bully or anti-prejudice skits** and discuss the different roles that students take in these various situations.
- Create **songs, raps, poems**, etc. that promote respect for others.
- Have **classroom discussions** about being an ally to students who are bullied. Visit www.adl.org/combatbullying for strategies and tips to address various issues related to bullying.
- Have an **essay contest** about prejudice.
- Have students research and discuss **historical figures** who have made a positive difference in **promoting peace and respect** for others. Discuss how students might try to emulate these people.
- Create **diversity quilts, t-shirts, posters**, etc. that celebrate the differences of students and faculty on your campus.
- Host a **Mix-It-Up-At-Lunch Day** where students sit with and talk to others who they may not otherwise get to know. For a more successful event, give students discussion questions to use during lunch and have a discussion with students afterward about their experience. Many school representatives tell us that to increase the effectiveness of this activity, they host several lunches throughout the year. For more information about Mix-It-Up-At-Lunch, go to the Teaching Tolerance website at www.tolerance.org or www.mixitup.org.
- Have a special week or day devoted to a particular peaceful / anti-bias theme. Many schools have “**No Name Calling Week**” or “**Anti-Bullying Week**”.
- **Multi-cultural fairs** are a popular event. These are the most meaningful and effective when the cultures and ethnicities that are highlighted reflect the cultures of the students and faculty at the school. Include discussion questions after such an activity to ensure that students learned something from the experience.
- Students can do projects related to events such as the **Holocaust** along with discussion about its relevance to today’s society. Visit www.echoesandreflections.org for Holocaust lessons.
- Have students learn about **stereotypes and prejudice**. Discuss what stereotypes and prejudice are. Ask students to bring in examples of stereotypes and prejudice from books, movies, TV or newspapers.
- **Produce a school play** that is sensitive to multiculturalism and incorporates a variety of roles and perspectives representing a diverse cast, audience and story. Have a discussion after the play.
- **Create a No Place for Hate® infomercial**. Have students write essays on what diversity means to them. Videotape students reading excerpts from their essays. This can be the basis for an infomercial for No Place for Hate® to explain the program to students, parents and broader school community.
- Have a **film festival**. Show an age-appropriate film such as “Bullied” that will help young people understand prejudice and teach them to appreciate differences. Engage students in discussion after viewing the film.
- Create a **school paper** devoted to No Place for Hate® concepts and ideas. Have students submit artwork, poetry, articles, photographs and other items that are all related to diversity and respect for others.
- Find out which **holidays / cultural observances** the students in your school recognize and create a large calendar that lists all of them. Display the calendar in a prominent location. Have class discussions about the holidays/observances and have students discuss and research ones that they may not be familiar with.
- Create a **No Place for Hate® mural** or a **peace garden** that contains peaceful messages created by the students. Have a discussion about the creation with the students.
- Integrate **multicultural, anti-bias, and social justice themes** into your school’s curricula. ADL’s Curriculum Connections offers a collection of original lesson plans and resources free to K-12 educators. Visit www.adl.org/education/curriculumconnections